

8TH ANNUAL

MHCK TKD

WORLD CLASS

Tournament
Championship



October 7th 2023

8:00AM - 5:00PM



OKUN Field House

20200 Johnson Dr

Shawnee, KS 66218

Events

Blocks | Family/Team Form | Individual Form

Grassroots Sparring | World Class Sparring

Board Breaking | Demo Team Competition

Hosted By: Master H C Kim's World Class Tae Kwon Do Center

Contact Us For More Info: info@overlandparktkd.com | (913) 800-0617 | (913) 808-5159

Register Online @: www.overlandparktkd.com/tournament



A Note From Master Kim

Dear Tae Kwon Do Students, Instructors, and Families,

We are excited for you to join us in our 8th Annual MHCK TKD World Class Tournament! The competition will be held on Saturday, Oct 7th, 2023 at The OKUN Field House - 20200 Johnson Dr., Shawnee, KS 66218.

I have always been an advocate of tournament participation and have consistently emphasized that everyone can have a winning experience regardless of the final score of their match or performance.

The value of competition comes from the additional preparation that each competitor dedicates in advance of the event. Additionally, the challenge of facing others inspires competitors to bring out their best, and oftentimes they find out they are capable of more than they realize. The increase in confidence and skill lasts long after the competition is over.

Our tournament allows students to experience competition in blocks, forms, board breaking, and sparring in an environment that is organized, safe, and encouraging. My thanks goes out in advance to all of the referees, volunteers, and instructors that make this event possible.

I truly appreciate your year round support of our school and I look forward to watching you go for the gold!

Sincerely,

Master H C Kim
Tournament Chairman
2023 MHCK TKD World Class Tournament



Tournament Referee Chairman



Master Jin Hwan Hwang

Award Winning Instructor
7th Degree Black Belt Certified
5th Degree Guard Martial
National & International Championships

Accomplishments

- 2022 USAT Referee Vice Chair
- Nominated final top 2 contender for 2020 Tokyo Para Olympics
- 2020 Tokyo Olympic Camp- Mexico 2019
- 2020 Tokyo Para Olympic Camp- Russia 2019
- Certified International Referee, Sparring, Poomsae, Para- WT
- Current Florida State Referee Chairman
- Owner and Founder of Red Tiger Martial Arts, LLC
- Founder, Martial Arts Program at GAP school

Certifications

- USAT Poomsae Educator Instructor 8/2019
- USAT Kyorugi Educator Instructor 8/2019
- Safe Sport Refresher 7/2019

Leadership

- Current Florida State Referee Chairman
- South Korean Army Taekwondo Instructor and Trainer
- Former President of the Florida State Taekwondo Association

Championships

- World Grand Prix
- World Grand Slam
- World Championship
- USAT National Qualifiers



www.overlandparktkd.com/tournament



Important Event Info

ELIGIBILITY:

- Students must be white belt and above to compete in blocks and board breaking, and yellow belt and above to compete in sparring and form.
- Competitors ages 4 and up of all belt ranks are welcome.
- Little Tigers may only compete in blocks and board breaking.
- Please see *Competition Rules* section for individual event eligibility requirements.

REGISTRATION:

- The registration deadline is Monday, September 25th, but early registration is strongly encouraged.
- A \$25 late fee will be added to all late applications.
- No applications will be accepted after September 29th.
- Registration may be completed online, by mail, or in-person. Please see the registration form for details (online registration is preferred).

COMPETITOR ID CARDS:

- Competitors will pick up their IDs at the venue during check-in.

COACHING/ BOARD HOLDERS:

- Coaches are required for all sparring events.
- Many of the instructors will be responsible for officiating and directing the competition. As a result, competitors may be coached by their teammates, senior belts, and/or parents.
- Please note that coaches are not necessary during blocks, forms and breaking competition.
- Board breaking competitors are required to provide their own board holder(s). Referees and judges in the ring are NOT permitted to hold boards.

SPECTATORS & TICKETS:

- Admission for families of Master HC Kim's World Class Tae Kwon Do Center and of guest schools is \$15 per person ages 4 and up.
- Spectators will not be allowed on the competition floor.



Important Event Info (con't)

FOOD:

- No food is permitted within the competition area.
- Competitors may wish to bring their own healthy snacks.
- Water bottles are strongly encouraged.
- Concessions will be open and available for purchase at the venue as well.

VIDEOS AND CAMERAS:

- Video and picture taking are allowed; however, they must be taken from the spectator and award stands area only.

GEAR:

- All competitors must wear clean, white uniforms.
- Black Belt competitors must wear clean, white uniforms with black trim.
- Grassroots & senior sparring competitors must provide their own gear (helmet, chest protector, arm guards, shin & in-step guards, mouth guards, gloves and groin cups).
- World Class Sparring Competitors must provide their own KP&P Socks.

BOARD BREAKING:

- All competitors will be responsible for purchasing their own boards (available at the tournament) and providing their own board holders for competition.
- Competitors 12 and under will use 1/2" boards (\$5).
- Competitors 13 and up will use 1" boards (\$6).
- **Competitors** performing jumping & turning techniques will use two 1/2" boards (\$5).

AWARDS:

- Most divisions will have 4 competitors.
- Divisions may be separated by age, belt, weight, and gender, as the tournament committee deems necessary for fair competition.
- There will be a 1st place (Gold), 2nd place (Silver) and multiple 3rd places (Bronze) awarded.
- Awards will be presented throughout the day as divisions are completed.



Schedule of Events:

7:30^{am} Doors Open & Check-In Begins

8:00^{am} Wave 1: Ages 10 & Up

- *Form/Blocks*
- *Family/Team Form*
- *Board Breaking*
- *Grassroots Sparring*

10:00^{am} Break

10:45^{am} Opening Ceremonies & Demo Team Competition

11:30^{am} Wave 2: World Class Sparring

(Waves 2 & 3 will run concurrently)

11:30^{am} Wave 3: Ages 4-9

- *Form*
- *Blocks*
- *Board Breaking*
- *Grassroots Sparring*

NOTE: Starting times for each particular event (blocks, forms, breaking, and sparring) and competitors' divisions will be announced during the tournament and are subject to change depending on the progression of previous events.

TOURNAMENT LOCATION

**OKUN FIELD HOUSE
20200 Johnson Dr.
Shawnee, KS 66218**

www.overlandparktkd.com/tournament



General Competition Rules

The WORLD TAEKWONDO FEDERATION (WT) rules and regulations will govern this tournament for forms, breaking and sparring competitions. The organizing committee reserves the right to adopt changes as they deem necessary.

- A. Competitors will be grouped according to gender, age, weight and belt to the best of the committee's abilities.
- B. Individual awards will be given out for blocks, forms, breaking and sparring:
 - a. One 1st Place
 - b. One 2nd Place
 - c. Multiple 3rd Place

Block Competition Rules

- A. Eligibility: Little Tigers and White Belt students of any age
- B. Official Techniques:
 - a. Non-Little Tiger White Belts: Full blocking combination
 - b. Little Tigers: Blocking combination associated with his/her rank or that of the rank below depending on when he/she last advanced
- C. Competitors will be judged based on a 10 point scale
 - a. Points are broken down into 4 different categories:
 - i. Accuracy (4 points)
 - ii. Speed/Strength/Power (2 points)
 - iii. Rhythm (2 points)
 - iv. Expression/Energy (2 points)
 - b. The competitor with the most points will be awarded 1st place, next highest score will receive 2nd place and the remaining competitors will receive 3rd place.
 - c. In the case of a tie for 1st place or 2nd place, the main judge will award an additional point to the competitor whose overall performance he/she deems stronger.



Form Competition Rules

A. Eligibility

- a. Individual
 - i. Yellow Belts & higher of any age
- b. Family/Team Form
 - i. Yellow Belts & higher of any age
 - ii. Group must have at least 2 team members but no more than 6.

B. Official Forms

Belt	Form
Yellow Belt/Green Stripe	Taeguk 1 or Taeguk 2
Green Belt/Blue Stripe	Taeguk 3 or Taeguk 4
Blue Belt/Red Stripe	Taeguk 5 or Taeguk 6
Red Belt/Black Stripe	Taeguk 7 or Taeguk 8
Double Black Stripe	Taeguk 7 or Taeguk 8
Black Belt/Poom-Belt	Taeguk 8 and Koryo

C. Competitors will be judged based on a 10 point scale.

- a. Points are broken down into 4 different categories:
 - i. Accuracy (4 points)
 - ii. Speed/Strength/Power (2 points)
 - iii. Rhythm (2 points)
 - iv. Expression/Energy (2 points)
- b. The competitor/group with the most points will be awarded 1st place, next highest score will receive 2nd place and the remaining competitors/groups will receive 3rd place.
- c. In the case of a tie for 1st place or 2nd place, the main judge will award an additional point to the competitor/group whose overall performance he/she deems stronger.



Board Breaking Competition Rules

- A. Eligibility:** All belts and ages
- B. Official Techniques**
 - a. Little Tigers, White Belts, and Color Belts:** Any 3-7 hand or kicking techniques.
 - b. Black Belts:** Any 3-7 hand or kicking techniques, including speed, tower, and line techniques.
- C. Board Sizes**
 - a. Ages 12 & Under:** ½" pine board
 - b. Ages 13 & higher:** 1" pine board. Students may substitute a 1" pine board with 2 1/2" inch boards if a student is doing a higher risk technique.
- D. Competitors will be judged based on a 15 point scale.**
 - a. Points are broken down into 3 different categories:**
 - i. Accuracy (5 points)**
 - ii. Expression of Technique (5 points)**
 - iii. Intensity (5 points)**
 - b. The competitor with the most points will be awarded 1st place, next highest score will receive 2nd place and the remaining competitors will receive 3rd place.**
 - c. In the case of a tie for 1st place or 2nd place, the main judge will award an additional point to the competitor whose overall performance he/she deems stronger.**



Sparring Competition Rules

A. Eligibility

- a. Grassroots: All Belts Ages 4-17 (excluding Little Tigers)
- b. Senior: All Belts Ages 18 & Up
- c. World Class: Black Belts Ages 12 & Up

B. Contact

- a. Full contact to the body
- b. All Color Belts: No head contact permitted
- c. Non-World Class Black Belts: LIGHT CONTACT ONLY to the head
- d. World Class Black Belts: Full contact to the head

C. Points

- a. 1 Point for a valid punch to the chest protector
- b. 2 points for a valid kick to the chest protector
- c. 4 Points for a valid turning kick to the chest protector
- d. 3 Points for a valid kick to the head
- e. 5 Points for a valid turning kick to the head
- f. 1 Point awarded for every 1 "Gam-jeom" given to the opponent

D. Duration

- a. Grassroots & Senior division matches will consist of two- 1 minute rounds with 30 seconds in between each round.
- b. World Class Matches will consist of three- 1 minute rounds with 30 seconds in between each round.

E. Format- 4 competitors per heat

- a. Random seeding
 - i. Each heat will form randomly selected pairs for first two matches.
- b. Single elimination
 - i. In the event of a tie, competitors will face off in a sudden death round. First competitor to get a point will win the match.
 - ii. Winners of the first two matches will compete in the final match for 1st place.



Competition Rules & Regulations

Modified rules of the WORLD TAEKWONDO FEDERATION (WT) will govern these Championships for the Gyorooigi and Traditional Poomse divisions.

WT Official Poomse *(Forms)*

The Poomse (Form) will consist of WT Official Poomse competition. The Poomse divisions will be divided by belt ranking, weight and sex. The Official Poomse for the competition will be those recognized by the WT.

Gyorooigi *(Free Sparring)*

Each match will be single elimination. For Gyorooigi competition, the current rules and regulations are modified rules of the WT and will govern this event. Competition will be single elimination and will continue until a winner has been established. All competitors must bring their own safety gear including chest protector, headgear, shin/instep guards, forearm guards, protective cup, mouthpiece, and a standard white V-neck WT approved uniform in good condition. Black trim around the collar is allowed for black belts. NO equipment will be provided.



Demonstration Competition Rules

- **More than 50% of the Demonstration members must participate in the individual event(s)**
- Masters are not allowed to be a demonstration team member

A. Music, sound effects, costumes, and props (non-weapons) can be chosen by the performers, but must be in good taste, family-friendly and appropriate for all ages.

B. Number of team members: a minimum of 8 and a maximum of 30 members

C. Technical Regulations

- a. Poomse, breaking, and self-defense elements are required.
- b. There will be NO weapons allowed in the Demonstration.
- c. Performance time must not exceed 6 minutes.

Scoring

A. Teams will be judged on a 40 point scale.

a. Points are broken down into 4 categories.

- i. Originality/Creativity (10 points)
- ii. Execution of Technique (10 points)
- iii. Intensity/Energy (10 points)
- iv. Teamwork (10 points)

B. Deductions:

a. Exceeding time limit:

- i. Over 6 minute will - 3 point deduction
- ii. Over 6 minute 30 second - 5 point deduction
- iii. Over 7 minute - Disqualification

b. Missing Technical Requirements (Poomse, Breaking, Self-Defense)

- i. 5 point deduction per missing requirement

c. Using Weapons - Disqualification